

# Lunch!

Week 1

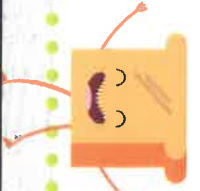
## Monday

### OUR Tummy Fillers

Sausages served with Creamy Mash and Onion Gravy  
OR  
Vegetarian Sausages served with Creamy Mash and Onion Gravy

Peas and Sweetcorn  
...

Apple Crumble and Custard



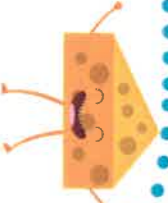
## Tuesday

### OUR Tummy Fillers

Mild Chicken and Vegetable Curry served with Yellow Fragrant Rice  
OR  
Macaroni Cheese

Mixed Vegetables or Red Cabbage  
...

Chocolate and Vanilla Cookies



## Wednesday

### OUR Tummy Fillers

Traditional Roast Gammon served with Roast Potatoes and Gravy  
OR  
Roast Quorn Fillet with Roast Potatoes and Gravy

Honey Roast Parsnips and Carrots  
...

Fresh Fruit Salad



## Thursday

### OUR Tummy Fillers

Minced Beef Lasagne served with Garlic Bread  
OR  
Italian Style Tomato and Vegetable Stew served with Boiled Potatoes

Sweetcorn and Cauliflower  
...  
Orange and Lemon Drizzle Cake

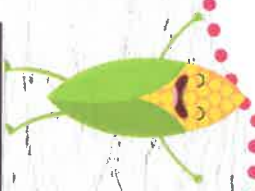


## Friday

### OUR Tummy Fillers

Cheese and Tomato Pizza served with Chips  
OR  
Vegetarian Fingers served with Chips

Baked Beans and Broccoli  
...  
Vanilla Cream



## Salad Feast

Available EVERYDAY!

## Everyday!

Assorted Filled Wraps & Baguettes, Jacket Potatoes with Toppings, Freshly Baked Bread, Freshly Prepared Fruit, Homemade Yoghurt & Fruit Jelly



Edwards & Blake



# Lunch!

Week 2

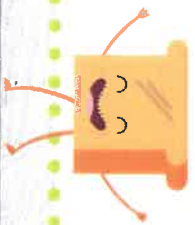
## Monday

### OUR Tummy Fillers

Chilli Con Carne served with Rice  
OR  
Cheese and Onion Pin-wheels served with Jacket Wedges

Green Beans and Baton Carrots

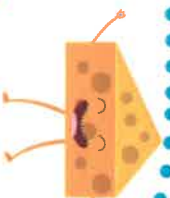
Chocolate Brickwall served with Chocolate Sauce



## Tuesday

### OUR Tummy Fillers

Fish and Potato Pie  
OR  
Pasta In a Rich Tomato Sauce topped with Cheese  
Sweetcorn and Cauliflower  
Strawberry Mousse



## Wednesday

### OUR Tummy Fillers

Roast Beef served with Roast Potatoes and Gravy  
OR  
Sweet and Sour Quorn served with Savoury Rice

Carrots and Cabbage

Apple and Mixed Berry Crumble served with Custard



## Thursday

### OUR Tummy Fillers

Chicken Pie  
OR  
Vegetarian Hot Dog served with Sauté Potatoes  
Swede and Mixed Vegetables

Marble Sponge



## Friday

### OUR Tummy Fillers

Fish Fingers served with Chips  
OR  
Vegetable Chow Mein  
Baked Beans and Peas

Oat Cookies

## Salad Feast

Available EVERYDAY!



Everyday!

Assorted Filled Wraps & Baguettes, Jacket Potatoes with Toppings, Freshly Baked

Bread, Freshly Prepared Fruit, Homemade Yoghurt & Fruit Jelly



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# Lunch!

Week 3

## Monday

### OUR Tummy Fillers

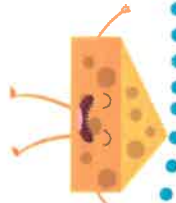
- Creamy Chicken Pasta
- OR
- Quorn Mince Chilli served with Fragrant Rice
- ...
- Red Cabbage and Carrots
- ...
- Jam and Coconut Sponge served with Custard



## Tuesday

### OUR Tummy Fillers

- Spaghetti Bolognaise served with Garlic Bread
- OR
- Lentil and Vegetable Biryani
- ...
- Peas and Roasted Mixed Vegetables
- ...
- Trifle



## Wednesday

### OUR Tummy Fillers

- Roast Chicken served with Roast Potatoes and Gravy
- OR
- Mediterranean Vegetable Stew served with Cous Cous
- ...
- Carrots and Sweetcorn
- ...
- Lemon Shortbread Biscuits



## Thursday

### OUR Tummy Fillers

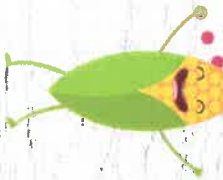
- Sweet and Sour Pork served with Fragrant Rice
- OR
- Vegetable Lasagne served with Garlic Bread
- ...
- Green Beans
- ...
- Fruit Platter



## Friday

### OUR Tummy Fillers

- Beef Burger served with Chips
- OR
- Veggie Burger served with Chips
- ...
- Baked Beans and Sweetcorn
- ...
- Chocolate Brownie



## Salad Feast

Available EVERYDAY!

Assorted Filled Wraps & Baguettes, Jacket Potatoes with Toppings, Freshly Baked Bread, Freshly Prepared Fruit, Homemade Yogurt & Fruit Jelly



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