



The Shared Learning Trust

THE VALE
ACADEMY

The Vale Academy
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17th September 2018

Dear Parents/Carers,

Healthy Snacks

As part of Our Healthy School Scheme, children in KS1 (Years 1 & 2) are provided with a daily piece of fruit. A member of staff offers the fruit to the children, during their morning break.

There is a range of fruit provided to the children such as bananas, pears and apples.

Following our Healthy Schools Scheme, children can bring in a piece of fruit if they would like to. These could be strawberries, raspberries or oranges, for example. They will be able to enjoy their fruit snack during our morning break.

We do not encourage children to bring in alternative snacks as we are trying to educate the children to make healthy choices in line with government guidelines.

If you do have a question, please ask a member of staff.

Yours faithfully,

Mrs L Lee
KS1 Lead



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