



The Shared Learning Trust

THE VALE
ACADEMY

The Vale Academy
Wilbury Drive
Dunstable
Bedfordshire

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Packed Lunches

Dear Parents/Carers

We would like to make you aware that as we have a number of nut allergies in the school, we have a no nut/nut products policy within school. This includes all year groups from Nursery to Year 6. We ask that you please be aware of the contents of food you send in your child's packed lunch box, as even a trace of nut could affect a nut allergy sufferer.

As part of our Healthy Schools Scheme, we ask that children do not bring in sweets in their lunch box, and that sweet snacks such as cakes or biscuits are limited.

We also ask that you do not send your child with a fizzy drink, please instead send juice or water for their lunchtime drink.

For all children we ask that you cut grapes in half, or quarters for younger children if you are sending them in as part of their lunch.

Please provide your child with water only, to drink during the day

We thank you for your support in helping us to maintain a healthy school.

Kind regards



2020-2023